

# 2023 Australian School Leader Occupational Health & Wellbeing Survey

## DESIGNED FOR:

- Principals
- Deputy/Vice/Acting Principals
- Retired Principals
- All School Leaders

(In **every** school sector & Australian State/  
Territory)

## IMPACT:

Our research addresses the increasing demand and complexity of the Australian school leader occupation. Collected data provides evidence to policy makers, exposing real costs and benefits of initiatives such as the introduction of a national curriculum and changes to testing and accountability requirements.

## GET YOUR PERSONAL REPORT

After you complete the survey, you will receive a personalised report of your own health and wellbeing status. Our interactive report graphs compare your results to others in similar school situations, as well as those in the general population. The report displays how your previous scores compare to your 2023 responses so that you can track your results! Your report will have clickable charts for you to see these results at individual datapoints.

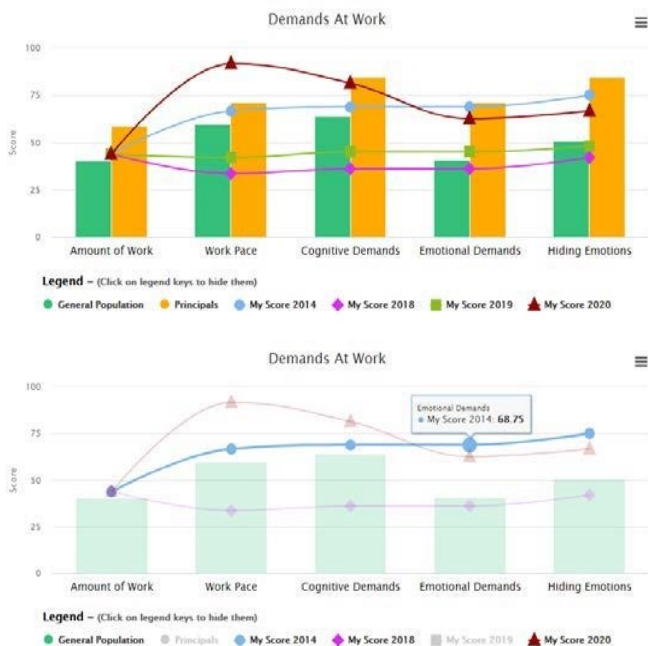
Researchers from the Institute for Positive Psychology and Education (IPPE) at ACU conduct this survey, independent of all employer groups, professional associations and unions. Individual survey responses are kept strictly confidential: no individual or school will be identifiable in any reported results. Participants are being recruited for research purposes. This study has been approved by the ACU Human Research Ethics Committee.

## IF YOU WISH TO PARTICIPATE:

Please register here now: <https://healthandwellbeing.org/au>

## REGISTERED/TAKEN THE SURVEY BEFORE?

Please check your email inbox as an email has been sent to you.



For more information on the project, please visit:  
<https://healthandwellbeing.org/au>

## IPPE Health and Wellbeing Team

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